



Waterski Wakeboard Sask SaskFirst Application 2026



2026 SaskFirst Waterski Team Selection Criteria

The purpose of the Waterski SaskFirst program is to develop Saskatchewan excellence in waterskiing. We hope to develop young athletes and see them medal at nationals, contribute to provincial standings at nationals, receive invitations to national teams, receive applications for collegiate scholarships, and compete at major international tournaments. We are striving towards this goal of developing young athletes by increasing training accessibility, providing access to top-level coaches, and removing barriers to participating in the sport.

The SaskFirst Waterski program consists of three levels – High Performance, Development, and Prospects. This document will outline what to include in your application, the selection criteria for each designation, athlete expectations, and benefits of being a part of the Waterski SaskFirst team. Each interested athlete must email their application to:

wswsask@gmail.com by Nov 30th.

Please include in your application

- Personal info (date of birth, contact info)
- Home training site
- Hours of training available per week (estimate)
- Top 3 best competition results from the 2025 season for each discipline. (1 jump, 1 trick, 1 slalom). Include the sanction number for the event. High Performance Athletes must submit scores from CRC and WRL events. (not required for prospect / DEV).
You can use these links to verify national events
<https://waterskicanada.ca/results/athlete-results/> or
- <https://www.skidata.towedwatersportscanada.ca/tournamentlist.php> and for international events <http://www.iwsftournament.com/>
- 2026 season plans and goals



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High Performance Program Selection Criteria

- Must meet national standards for respective age division, as noted in Waterski Canada's 2025 Rule Book (<https://waterskicanada.ca/rule-books/>)
- Must be at or "on-track" to be at the Learn to Compete stage of Waterski Canada's LTAD (<https://wswc.ca/about-us/long-term-athlete-development/>)
- Must be in the top 4 of Saskatchewan skiers for their respective discipline
 - This is assessed by calculating the skier's best score as a percentage of the Canadian record for their age division <https://waterskicanada.ca/results/athlete-results/>
 - Skiers with the highest 4 percentages in each discipline (slalom, trick, jump) will be placed in the High Performance (HP) program
- Must demonstrate commitment and a drive to advance in the sport
- Special considerations:
 - Of the 4 athletes named to the program, there will be at least 1 male and 1 female named to the HP program based on applications.
 - If an athlete is named to the HP program for one discipline and meets the national standard for additional disciplines, they will be named for all disciplines they meet the national standard for
 - E.g. Athlete is in the top 4 for trick and meets the national standard for slalom. This athlete will be named to the HP program for both trick and slalom.

HP Program Expectations

- Attend dryland training and sport science sessions
- Attend SaskFirst training camps in July and August
- Discuss long-term and seasonal goals with your coach
- Train to the best of your ability
- Compete at Provincials
- Take part in Coach Development opportunities and develop officiating skills
- Officiate at Provincials
- Attend at least one Record Capable tournament (e.g. Westerns, Nationals, Jr. Canadian Open, etc.)
- Participate in fundraising for the program



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HP Program Benefits

- Funded training camps with top-level coaches
- Free sport science seminars (mental performance, sport nutrition, injury prevention,)
- Free pre-season dryland training
- Subsidized funding to attend national and international competitions based on the athlete's benchmarks for each discipline in the LTAD model and points attained during the season
- Subsidized funding and training card allocation for training based on the athlete's benchmarks for each discipline in the LTAD model and points attained during the season
- Access to the Athlete's Assistance fund based on points attained during the season
- Subsidized coaching and officiating training

Development Program Selection Criteria

- Must meet minimum standards for respective age division, as noted in Waterski Canada's 2025 Rule Book (<https://waterskicanada.ca/rule-books/>)
- Should be at or near the FUNdations or Build the Skills stages of Waterski Canada's LTAD (<https://wswc.ca/about-us/long-term-athlete-development/>)
- Must demonstrate commitment and a drive to advance in the sport
- Special considerations:
 - There will be at least 1 male and 1 female named to the Development program based on applications.

Development Program Expectations

- Attend dryland training and sport science sessions
- Attend a SaskFirst training camp in July or August
- Discuss long-term and seasonal goals with your coach
- Train to the best of your ability
- Compete at Provincials, and at Westerns and/or Nationals if in SK or AB (if qualified)
- Participate in fundraising for the program



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Development Program Benefits

- Access to Provincial coach and training opportunities
- Funded training camps with top-level coaches
- Free sport science seminars (mental performance, sport nutrition, injury prevention, etc.)
- Subsidized funding to attend competitions based on the athlete's benchmarks for each discipline in the LTAD model and on points attained during the season
- Subsidized training based on the athlete's benchmarks in the LTAD model for each discipline and on points attained during the season
- Access to the Athlete's Assistance fund based on points attained during the season
- Subsidized coaching and officiating training

Prospects Selection Criteria

- Should be at the FUNdamentals stage of Waterski Canada's LTAD (<https://wswc.ca/about-us/long-term-athlete-development/>)
- Must demonstrate commitment and a drive to advance in the sport and participate in competitions
- There will be at least 1 male and 1 female named to Prospects based on applications.

Prospects Expectations

- Train to the best of your ability
- Compete at Provincials

Prospects Benefits

- Access to provincial coach
- Free sport science seminars (mental performance, sport nutrition, injury prevention)