



#### 2026 SaskFirst Wakeboard Team Selection Criteria

The purpose of the team is to develop Saskatchewan excellence in wakeboarding. We hope to develop young athletes and see them medal at nationals, contribute to provincial standings at nationals, receive invitations to national teams, and compete at major international tournaments. We are striving towards this goal of developing young athletes by increasing training accessibility, providing access to top-level coaches, and removing barriers to participating in the sport.

The SaskFirst Wakeboard Team consists of three programs – High Performance, Development, and Prospects. This document will outline what to include in your application, the selection criteria for each designation, athlete expectations, and benefits of being a part of the Wakeboard SaskFirst team. Each interested athlete must email their application to:

#### wswsask@gmail.com by Nov. 30th

#### Include in your application:

- Personal info (D.O.B.)
- Contact info
- Home training site
- Hours of training available per week (estimate)
- Top 3 best contest results from the 2025 season
- Season plans and goals
- Preference boat or cable

# Wakeboard High Performance Program Selection Criteria

- Must be at or "on-track" to be at the Learn to Compete stage of Wakeboard Canada's LTAD (https://wswc.ca/about-us/long-term-athlete-development/)
- Must demonstrate commitment and a drive to advance in the sport
- Experience at both boat and cable, with a preference indicated on the application form.
- Special considerations:





 There will be at least 1 male and 1 female named to the HP program based on applications.

#### **Wakeboard HP Program Expectations**

- Attend dryland training and sport science sessions
- Attend Sask First training camps
- Discuss long-term and seasonal goals with your coach
- Train to the best of your ability
- HP athletes are expected to develop their coaching and officiating skills
- Attend and officiate at Provincials
- Attend at least one National event or contest
- Participate in Fundraising for the program

#### **Wakeboard HP Program Benefits**

- Funded training camps with top-level coaches
- Free sport science seminars (mental performance, sport nutrition, injury prevention)
- Subsidized funding to attend national and international competitions based on the athlete's benchmarks for each discipline (Boat/Cable) in the LTAD model and points attained during the season for the top 6 athletes in SaskFirst
- Subsidized funding for training based on the athlete's benchmarks for each discipline (Boat/Cable) in the LTAD model and points attained during the season for the top 6 athletes in SaskFirst
- Access to the Athlete's Assistance fund for the top 6 athletes in SaskFirst based on points attained during the season
- Subsidized coaching and officiating training
- Discount rates at Cable Park

#### **Wakeboard Development Program Selection Criteria**

- Should be at or near the FUNdations or Build the Skills stages of Wakeboard Canada's LTAD (https://wswc.ca/about-us/long-term-athlete-development/)
- Must demonstrate commitment and a drive to advance in the sport
- Work toward experience for boat and cable





- Special considerations:
  - There will be at least 1 male and 1 female named to the Development program based on applications.

#### **Wakeboard Development Program Expectations**

- Attend dryland training and sport science sessions
- Attend at least one Sask First training camp
- Discuss long-term and seasonal goals with your coach
- Train to the best of your ability
- Attend Provincials
- Participate in Fundraising for the program

#### **Wakeboard Development Program Benefits**

- Access to funded training camps with top-level coaches
- Free sport science seminars (mental performance, sport nutrition, injury prevention)
- Subsidized funding to attend national competitions based on the athlete's benchmarks for each discipline (Boat/Cable) in the LTAD model and points attained during the season for the top 6 athletes on the SaskFirst team
- Subsidized funding for training based on the athlete's benchmarks for each discipline (Boat/Cable) in the LTAD model and points attained during the season for the top 6 athletes on the SaskFirst team
- Access to the Athlete's Assistance fund based on points attained during the season for the top 6 athletes on the SaskFirst team
- Subsidized coaching and officiating training
- Discount rates at Cable Park

#### **Prospects Selection Criteria**

- Should be at the FUNdamentals stage of Waterski Canada's LTAD (https://wswc.ca/about-us/long-term-athlete-development/)
- Must demonstrate commitment and a drive to advance in the sport and participate in competitions
- Should have competed in at least one tournament in the 2025 season





### **Prospects Expectations**

- Train to the best of your ability
- Compete at Provincials
- Work toward experience at boat and cable

### **Prospects Benefits**

- Free sport science seminars (mental performance, sport nutrition, injury prevention, etc.)
- Invitation to training camps
- Discount rates at Cable Park