



Waterski Wakeboard Sask SaskFirst Application 2026



2026 SaskFirst Adaptive Team Selection Criteria

The purpose of the SaskFirst Adaptive team is to develop Saskatchewan excellence in Adaptive Watersports. We hope to develop young athletes and see them medal at nationals, contribute to provincial standings at nationals, receive invitations to national teams, and compete at major international tournaments. We are striving towards this goal of developing athletes by increasing training accessibility, providing access to top-level coaches, and removing barriers to participating in the sport.

The following outlines the selection criteria for the HP and Development levels for the team. Each interested athlete must email their application to:

wswsask@gmail.com by Nov. 30th.

Include in your application:

- Personal info (date of birth, contact info)
- Home training site
- Hours of training available per week (estimate)
- Top 3 best competition results from the 2025 season for each discipline. (1 jump, 1 trick, 1 slalom). Include the sanction number for the event. High Performance Athletes must submit scores from CRC and WRL events. (not required for prospect / DEV).

You can use these links to verify national events <https://waterskicanada.ca/results/athlete-results/> or - <https://www.skidata.towedwatersportscanada.ca/tournamentlist.php> and for international events <http://www.iwsftournament.com/>

- 2026 season plans and goals

Adaptive High Performance Program Selection

- Must be at or “on-track” to be at the Learn to Compete stage of Adaptive Waterski Canada’s LTAD (<https://wswc.ca/about-us/long-term-athlete-development/>)
- Must demonstrate commitment and a drive to advance in the sport, and have competed in more than one discipline at events.



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- If an athlete is named to the HP program for one discipline and meets the national standard for additional disciplines, they will be named for all disciplines they meet the national standard for
 - E.g. Athlete is in the top 4 for trick and meets the national standard for slalom. This athlete will be named to the HP program for both trick and slalom.
- Special considerations:
 - There will be at least 1 male and 1 female named to the HP program based on applications.

Adaptive HP Program Expectations

- Attend sport science sessions
- Attend training camps
- Discuss long-term and seasonal goals with your coach
- Train to the best of your ability
- HP athletes are expected to develop their coaching and officiating skills
- Attend and officiate at Provincials
- Attend at least one Record Capable tournament (e.g. Westerns, Nationals, Canadian Open, US Open, etc.)
- Participate in Fundraising for the Program

Adaptive HP Program Benefits

- Training opportunities with top-level coaches
- Free sport science seminars (mental performance, sport nutrition, injury prevention)
- Subsidized funding to attend national and international competitions based on the athlete's benchmarks for each discipline in the LTAD model and points attained during the season
- Subsidized funding for training based on the athlete's benchmarks for each discipline in the LTAD model and points attained during the season
- Access to the Athlete's Assistance fund based on points attained during the season
- Subsidized coaching and officiating training



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Adaptive Development Program Selection Criteria

- Must meet minimum standards for assigned division, as noted in Waterski Canada's 2025 Rule Book (<https://waterskicanada.ca/rule-books/>)
- Should be at or near the FUNdations or Build the Skills stages of Waterski Canada's LTAD (<https://wswc.ca/about-us/long-term-athlete-development/>)
- Must demonstrate commitment and a drive to advance in the sport
- Special considerations:
 - There will be at least 1 male and 1 female named to the HP program based on applications.

Adaptive Development Program Expectations

- Attend dryland training and sport science sessions
- Attend a SaskFirst training camp in July or August
- Discuss long-term and seasonal goals with your coach
- Train to the best of your ability
- Compete at Provincials
- Participate in fundraising for the program

Adaptive Development Program Benefits

- Training opportunities with top-level coaches
- Free sport science seminars (mental performance, sport nutrition, injury prevention)
- Subsidized funding to attend competitions based on the athlete's benchmarks for each discipline in the LTAD model and points attained during the season
- Subsidized training based on the athlete's benchmarks in the LTAD model for each discipline and points attained during the season
- Access to the Athlete's Assistance fund based on points attained during the season
- Subsidized coaching and officiating training